

ETIQUETTES OF GOING TO TOILET

If you wish to offer a prayer and need to go to toilet, you may begin with the latter. There are many reported etiquettes of going to toilet. However, I will hereinafter mention some of them briefly:

You may precede your left foot to the right when entering the water closet (or the place where you excrete) and say the following:

بِسْمِ اللَّهِ وَبِاللَّهِ أَعُوذُ بِاللَّهِ مِنَ الرَّجْسِ النَّجِسِ
الْخَبِيثِ الْمُخْبِثِ الشَّيْطَانِ الرَّجِيمِ-

When you try to take off, you may utter the BISMILLAH

At such a situation, and all similar situations, you must try to cover your private parts, letting nobody see them. It is haram (i.e. religiously unlawful) to sit, for excretion, facing the kiblah direction or giving it one's back.

While excreting, it is recommended to say the following:

اللَّهُمَّ اطْعِمْنِي طَيِّبًا فِي عَافِيَةٍ وَأَخْرِجْهُ مِنِّي خَبِيثًا فِي
عَافِيَةٍ-

If your sight falls on the excrement, you may say the following:

اللَّهُمَّ ارْزُقْنِي الْحَلَالَ وَجَنِّبْنِي الْحَرَامَ-

When you finish and want to clean yourself, you may first of all try to make sure that you have discharged the entire

waste. Then, you may say the supplicatory prayer that is said when one's eye falls on water:

الْحَمْدُ لِلَّهِ الَّذِي جَعَلَ الْمَاءَ طَهُورًا وَلَمْ يَجْعَلْهُ نَجَسًا۔

While cleaning yourself from the waste, you may say the following:

اللَّهُمَّ حَصِّنْ فَرْجِي وَأَعِفَّهُ وَأَسْتُرْ عَوْرَتِي وَحَرِّمْنِي عَلَى النَّارِ۔

When you finish and stand up, you may rub your abdomen with your right hand and say the following:

الْحَمْدُ لِلَّهِ الَّذِي أَمَاطَ عَنِّي الْأَذَى وَهَنَّنِي طَعَامِي وَشَرَابِي وَعَاقَانِي مِنَ الْبَلْوَى۔

You may then leave the water closet (or the place where you have excreted), preceding your right foot to the left and saying the following:

الْحَمْدُ لِلَّهِ الَّذِي عَرَّفَنِي لِدَّتِهِ وَأَبْقَى فِي جَسَدِي قُوَّتَهُ وَأَخْرَجَ عَنِّي إِذَاهُ يَا لَهَا نِعْمَةٌ يَا لَهَا نِعْمَةٌ لَا يُقَدِّرُ الْقَادِرُونَ قَدْرَهَا۔